

**The Bookstore Recommends:**

The bookstore recommends for Lent: *The Festive Fast: Greek Meatless Cooking in the Eastern Orthodox Tradition*, a superb 375- page book with recipes for breads, pitas & pizzas, soups, salads, spreads, seafood, and various sweets. Numerous quotations from the fathers and a sermon of St. John Chrysostom on fasting. *A Lenten Cookbook for Orthodox Christians*, with scores of Lenten recipes. Over 23,000 copies printed. *Greek Vegetarian* by Diane Kochilas, brimming with classic dishes, regional favorites, and inspired innovations. We have many new books of Saints' Lives, including Saints Nectarios, Constantine and Helen, Anthony, Christopher, Catherine, Anthony, Gerassimos, Anastasia, and Luke. *The Festal Menaion*, translated from the Greek by Mother Mary and Bishop Kallistos Ware, is a valuable service book for the Great Feasts of the Saviour and Mother of God. We have Red Easter Egg Dye.

**Church School News and Reminders:**

The children have brought home an O.C.M.C. (Orthodox Christian Mission Center) Coin box that will be used to help raise funds for the Orthodox mission work around the world. Please support your children in this Lenten project and remind them to put their coins in the boxes. All coin boxes must be returned to the teachers by April 11th.

**Reminders:** Throughout Lent, there are services that the children can attend to help with absences. Please check the website calendar for dates and sign your name in the book provided in the Narthex.

**The Parish Oratorical Festival** is scheduled for Sunday, March 14<sup>th</sup>, at 10:00 a.m. sharp. The 7<sup>th</sup> – 12<sup>th</sup> grade students need to be here by 9:45 a.m. in order that we may start on time. All other students (Preschool to 6<sup>th</sup>) grade should report to their classes as it will begin at 10:00 a.m.

**Thought for the Week**

This is the time of repentance.

This is the day of salvation.

This is the beginning of the fast.

Be vigilant, my soul!

Close the door of your passions, and seek the Lord.

**GOYA News**

On Sunday, March 7th we'll have Bible Study at 4:00 p.m. followed by our meeting at 5:00 p.m.

We've started our Greek Dance practices again for the parade and festival. Next scheduled practice: March 13th 11:30 a.m.-1:30 p.m. in the social hall. Please attend.

**Luminary Candles** for Good Friday are now available on Sunday, following church services. Our table is outside the Fellowship Hall. The cost is \$5 per bag for 2 full names (first/last) in English or Greek. All proceeds go to benefit the GOYA. Thank you for your support!

**H.O.P.E.** will meet on Sunday, March 14th from 12:30 to 2:30. We will be discussing the story of David. For more information, contact Sophia Grias-Redwanski at [sgrias@mhsi.us](mailto:sgrias@mhsi.us) or Vasilias Tsilimingras at [vtsilimin-gras@yahoo.com](mailto:vtsilimin-gras@yahoo.com).

**Daughters of Penelope**

Annual Tsourekis Sale

Please place your order by March 21. Pick up date is Palm Sunday, March 28. Cost is \$10.00 per one pound loaf. Payment must be included with your order. Make checks payable to the Daughters of Penelope. All proceeds benefit the Daughters of Penelope Charities. Order forms are on the table in the hallway and when completed can be placed in the hat box. If you have questions, please call 734-995-4766. Thank you for your support.



*It's time . . . to think about the Ya'ssoo Festival*



**We need YOUR HELP in reducing our church mortgage** by means of selling festival raffle tickets. Our goal is to sell 5000 tickets before June 5, 2010 when the festival begins. Please see Andreas Stathopoulos or Bill Res during the social hour to sign up and become a member of this **important** fund raiser. Everyone can do something! Thank you for your support.

**Lenten Prayer of St. Ephraim**

O Lord and master of my life! Dispel from me the spirit of discouragement and slothfulness, of ambition and vain talk! Instead, give me the spirit of prudence and humility, of patience and charity. Yes, my king and Lord, let me look at my own sins and refrain from judging others: For you are bless'd unto ages of ages, amen.  
O God, have mercy on me, a sinner! O God, in your mercy wipe out my sins! I have sinned very often, Lord; forgive me!

## THE SUNDAY BULLETIN

### March 7, 2010

**Orthros**

9:00 AM

**Divine Liturgy**

10:00 AM

**Church School**

After Holy Communion

**Epistle Reading**

Hebrews 4:14-16; 5:1-6

**Gospel**

Mark 8:34-38; 9:1

**Creed**

Greek



SUNDAY OF THE HOLY CROSS

**Psaltis**

Zannis Res

**Choir**

Jon Wardner

**Prosforo**

Ioanna Ioannou

**Fellowship Hour**

GOYA/YAL

**Memorial Service**

3 Months Steve Theodorou

10 Years George Ioannou

Today as we celebrate the joyful veneration of Your life-giving Cross, we prepare ourselves for Your most holy Passion, O Christ our Savior; for You have wrought the salvation of the world in Your almighty power!

Today there is joy in earth and heaven, for the sign of the Cross is made manifest to all the world! The thrice-blessed Cross is set before us; a fountain of ever-flowing grace to all who show it honor!

**Flowers**

At this time we are accepting donations for the flowers that will decorate our church and icons during Great Lent and Holy Week.

**Apr. 4 Flowers for Icons on Iconostasis**

Donations are being accepted for flowers for the Epitaphion and Easter. Please place your donations in the box marked "Epitaphion and Easter" which is in the Narthex. Thank you.

**MAKE SURE TO CHECK OUR WEBSITE: [www.stnickaa.org](http://www.stnickaa.org)**  
**Submissions for the Sunday bulletin must be sent to:**

**SAINT NICHOLAS GREEK ORTHODOX CHURCH**

**3109 Scio Church Road, Ann Arbor, Michigan 48103**

**Web: [www.stnickaa.org](http://www.stnickaa.org) E-Mail: [kate@stnickaa.org](mailto:kate@stnickaa.org)**

**Proistamenos: Father Nicolaos H. Kotsis ( [nhkotsis@hotmail.com](mailto:nhkotsis@hotmail.com) )**

**Church office: 734/332-8200 Home: 734/677-7891 Cell: 734/604-3214**

## Saint Nicholas Greek Orthodox Church

March 7, 2010

### Epistle

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

### Gospel

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

### NO CELL PHONES

It has come to my attention that students are bringing cell phones and trying to text during church school (some have tried in the altar as well). There is **ABSOLUTLEY NO NEED FOR A CHILD TO HAVE A CELL PHONE IN CHURCH.** It is disruption to the class and disrespectful in church. Make sure your child does not have a cell phone in church or church school and make sure yours is turned off during the service.

- Fr. Nick

### Resurrectional Apolytikion

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

### Apolytikion for the Sunday of The Holy Cross

Lord, save Your people and bless Your inheritance, granting our rulers to prevail over adversaries, and protecting Your commonwealth by Your Cross.

### Apolytikion of the Church

The truth of your manner of life manifested you to our flock as a rule of faith and an icon of gentleness and a teacher of self-control. By humility, therefore, you acquired the things on high, and riches through poverty. Father Holy Hierarch Nicholas, intercede with Christ our God, entreating that our souls be saved.

**For the Memorial** "O Lord, rest the soul of your servants and forgive whatever wrong they have committed in life. There is no one sinless, except you, Give rest to those who have fallen asleep."

### Kontakion

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

### Prayer List

Please remember the following people in your prayers: Gabriella and Viroel Andrews, Constantine Evangelinos, Toni Kovalcheck, Angelica Stageman, Katina Eleni Hoffman, Robert Ashley, Sr., Priscilla Pardon, Pat Ricaldi, Deryl Deveau, Fotica George, Kevin Kling, Helen Camp, Bridget Smith, Rosaleen Baldwin, Marie Lyons, John Underhill, Cristinel Dima, Steve Garkinos, Jackson Bafile, Brian Melzian, Constantine Vintzel, Ryan Roberts, Tatiana Efthyvoulou

**We extend our deepest sympathy to** Margaret Yates and Thelma Steers and their families on the death of their mother, Fotica George. May her memory be eternal.

## Parish News and Events ([www.stnickaa.org](http://www.stnickaa.org))

### Welcome Visitors!

Please fill out the form on the notepads in the pews and put it in the collection tray so we may welcome you to our Parish.

### Visitors Please Note

Holy Communion is reserved for Orthodox Christians. Visitors are welcome to receive the Antidoro (Blessed Bread), which is distributed at the end of the Divine Liturgy.

### UP-COMING EVENTS

Sun. Mar. 7	4:00 p.m. GOYA Bible Study 5:00 p.m. GOYA Fellowship
Mon., Mar. 8	6:00 p.m. Choir Rehearsal 6:30 p.m. Great Compline Bible Study
Tues., Mar. 9	7:00 p.m. Ya'ssoo Meeting
Wed., Mar. 10	5:30 p.m. Presanctified Divine Liturgy Student Dinner Philoptochos Business Meeting
Thurs., Mar. 11	7:00 p.m. Parish Council
Fri., Mar. 12	11:00 a.m. Exercise Class 7:30 p.m. 4th Salutations Canon Law—Canon on Spiritual Life
Sat., Mar. 13	11:30 a.m. GOYA Dance 3:00 p.m. Greek School Dance
Sun., Mar. 14	Parish Oratorical Festival 12:30 p.m. HOPE 6:30 p.m. "An Evening to Remember"

### Stewardship Commitment for 2010

"Come and See"... We ask that you prayerfully decide the portion of God's gifts to you that you will offer to His Church through the Christian Stewardship Program of our Parish.

If you have not completed a Stewardship Commitment Card for 2010, please take the time to make your offering today and enable our Church to continue to enhance the spiritual growth of the Orthodox Christians entrusted to our care.

If you have submitted a 2010 Stewardship Commitment Card, we thank you for the support to the Ministries of St. Nicholas. Your Stewardship provides the foundation for our service in the Lord.

More information and forms are available on the displays by the social hall and on the web at [www.stnickaa.org](http://www.stnickaa.org)

**Philoptochos** has trays of spanikopita for sale. If you are interested in buying one, please contact Diane Geczi or a Philoptochos member. Trays are \$16.00 each.

This semester's Student Dinner is on Wednesday, March 10th following the 5:30 p.m. Presanctified Divine Liturgy. (Date changed due to a conflict with U of M Spring break.) All college students are invited to come and enjoy an evening of home cooked food and warm fellowship. Please contact Athena Papageorgiou for any questions about this event or if you would like to donate a dish to share. 734-368-4668.

**The Philoptochos Monthly Business Meeting will be held immediately following clean up of the Orthodox Student Lenten Dinner on March 10th.**

### 75th Anniversary Notes

How and when was St. Nicholas Greek Orthodox Church founded? **Join us on Sunday, March 14 for "AN EVENT TO REMEMBER"** and you will visually be taken through the years from 1935, when an original church was built on Main Street, through 2010 when our beautiful new edifice was erected and which we occupy today. This will be a nostalgic evening for our older and long-time parishioners and enlightening for the younger and newer members. Open House from 6:30 to 9:00 p.m. Refreshments will be served (no charge). This is a 75<sup>th</sup> anniversary celebration event under the chairmanship of Presvytera Eva Paul and Tula Prokos. Please give us your support.

### 75th Anniversary Fellowship Hour Calendar

April 18	Church School/Greek School
May 9	Walkathon
May 16	Philoptochos
June 13	Altar Boys
June 20	AHEPA/Daughters
September 2	JOY/HOPE
October 10	Founders
October 24	Choir/Psaltes
November 7	Past Presidents/Council
December 19	Fr. Nicolaos Kotsis 5th Anniversary

*"Christian love is the 'possible impossibility' to see Christ in another man, whoever he is..." Alexander Schmemmann, Great Lent 20th Century*