



PHILOPTOCHOS CORNER

St. Nicholas Greek Orthodox Church
3109 Scio Church Road
Ann Arbor, Michigan 48103



October 2017



OCTOBER NEWS BRIEFS

October is well underway, and that means our Philoptochos projects are up and running.

OCTOBER CRAFTS PROJECT



Our October meeting will feature a special Fall crafts project that you will be able to make and take home—a Pumpkin Centerpiece. Gigi from Gigi's Flowers and Gifts will guide us through the project. We hope you can join us for another fun evening!



Our annual Spaghetti Dinner is coming up on Thursday, November 2, from 5:00-7:30 p.m. Let your friends and relatives know about this most worthy event that we sponsor annually with proceeds going toward Food Cards for those in need.

UPCOMING EVENTS



Sunday, October 8

Philoptochos will be hosting the Coffee Hour Ladies, please wear pink since October is Breast Cancer Awareness Month

Wednesday, October 11

Meeting at 7 p.m.

Thursday, October 26

7:30 p.m.—Social Hall

"American Kid—Nazi-Occupied Greece through a Child's Eyes"

Presentation by Constance M. Constand—Based on a true story that has an Ann Arbor connection

Sunday, October 29

Annual Fall Student Dinner 6 p.m.

Thursday, November 2

Annual Spaghetti Dinner 5:00-7:30 p.m.

Saturday, December 2

Annual St. Nicholas Dance
Polo Fields of Ann Arbor

Treasure your memories for
you cannot re-live them

RECIPE OF THE MONTH

OCTOBER IN HISTORY . . .

- ❖ **331 B.C.**—Alexander the Great defeated Darius III of Persia in the Battle of Gaugamela bringing about the fall of the Persian Empire
- ❖ **1880**—First electric lamp factory was opened by Thomas Edison
- ❖ **1940**—The Pennsylvania Turnpike opened to travel and is considered to be the first US superhighway
- ❖ **1957**—First appearance of “In God We Trust” on US paper currency on one dollar bills
- ❖ **1971**—Walt Disney World opened in Orlando, FL



SMART SNACKS!

Are you craving for something to eat right now? Are you reaching for the chips, a candy bar or even . . . some ice cream?

How about something healthy! Try these easy and tasty snacks.

Popcorn with a Punch!

Sprinkle cinnamon on air-popped popcorn for a flavor-packed snack that's full of fiber yet low in calories.

Sliced Apple Sandwich

Core and slice your favorite variety of apple into round slices and then stack them up with crunchy peanut butter for a deliciously crunchy sandwich snack.



Berry Parfait

Mix blueberries, strawberries, blackberries, or raspberries with your favorite low-fat Greek yogurt.

Crispy Roasted Parmesan Potatoes



Tender potatoes with the most incredible CRISPY parmesan crust!

- 2 lbs. small round potatoes halved
- 2 tbsp. olive oil plus more for drizzling

Parmesan Mixture

- 1/2 cup grated parmesan
- 1/2 tsp. garlic powder
- 1/2 tsp. dried oregano or thyme
- 1/2 tsp. paprika
- 1/4 tsp. salt
- 1/2 tsp. black pepper

Dipping Sauce

- 3/4 cup sour cream or plain yogurt or a combination of both
- 1/4 cup finely chopped green onions plus more for garnish

- Preheat oven to 400F
- Mix Parmesan Mixture in a bowl
- Drizzle oil in 9 x 13" glass baking dish
- Sprinkle Parmesan Mixture over the base and spread evenly
- Place potatoes cut side down, pressing firmly into mixture
- Optional: drizzle top of potatoes with a touch of oil or spray with oil, then sprinkle with salt.
- Bake potatoes for 35-40 minutes or until they are soft and the parmesan crust is deep golden
- Let rest for 5 minutes. You may need to cut between potatoes
- Flip upside down so the cheese side is face up on a serving platter
- Serve with Dipping Sauce and **ENJOY!!**