

Sunday Fellowship Hour Guidelines

Taking time for Fellowship with one another as a Parish, we maintain a vibrant, inviting atmosphere (Philoxenia) at the Church and give Glory to God.

The Parish Council encourages all of our Parishioners and Ministries to assist with hosting duties throughout the year.

1. Thank you for offering to serve as a host. Please sign up through the Church office secretary. Mon.- Fri. 9 a.m.-3 p.m. 734-332-8200.

2. We encourage hosts to keep Fellowship Hours (FH) relatively simple though it may vary, according to the event. We recognize that everyone approaches hosting differently.

3. Menu Planning: Refer to the Church Fasting calendar when planning your menu: goarch.org/chapel/calendar. **No meat is allowed at the FH on Strict Fast Days.** Dairy (milk cheese, dairy-based dips) are not expressly prohibited at FHs on these days, however, they are best reserved for non- fasting periods.

4. Host Responsibilities

Provide and serve all food items.

Clean up.

Close up the Church.

5. What the Church Provides

Coffee - regular, decaffeinated, Water

Sugar, sugar substitute, non-dairy creamer

Styrofoam coffee cups, 6" plates, white napkins, plastic utensils

6. Clean-Up:

Wipe down the social hall tables

Unplug coffee warmers (at serving station)

Clean and place the main coffee pots back on the main coffee maker

Wash/dry and replace all serving dishes

Sweep kitchen and social hall floors clear of debris

Take garbage to the main bin in the Southwest corner of the parking lot

7. Closing up:

Make sure all stoves/ovens/main coffee maker and lights are off.

All access doors to the Church are to be securely closed and locked

Kitchen door

Courtyard doors in the social hall (right and left)

Double entry doors by the office.

8. Set-Up:

The Social Hall and kitchen will be available for set up 9 a.m. Sunday.

Menu ideas: Food for approximately 150 people. Numbers decrease in the summer. **Please include a half gallon of milk.**

Menu may vary depending on your time, budget and the occasion.

Ideas include any of the following: Cake, donuts, cookies, fruit, vegetables, cheese, crackers, hummus, olives, nuts, chocolate chips, chips, yogurt, salad, bagels, bread, eggs, macaroni, tabbouleh, small sandwiches, dolmathes, spinach pie.

Please be flexible. We often have kolyva placed out from a Memorial, or parishioners sometimes drop off items to place out.

Additional items:

Decorations are not necessary but, it is a nice touch to have tablecloths (plastic fine) on the 2 center aisle tables and/or a small seasonal centerpiece from home.

Parishioners may choose to host as individuals, families, or may team up with another family or group.

In addition, each Church Ministry, as well as the AHEPA and the DoP, is asked to schedule a minimum of 3 Fellowship Hours per year.

The Parish Council (PC) officially serves 3 FHs per year under Ministry duties. PC is not intended to be the source of regular FHs. Additional hosting dates are provided only as a back-up when no other members step forward.

PC members are available to answer questions and to help (including coffee preparation) as needed.

If you have any questions or concerns, please contact

Eva Mikhail. 517-366-9353

Vicki Kiningham: 734-255-3118

Thank you for your service!

Parish Council, March, 2023

St. Nicholas Greek Orthodox Church, Ann Arbor

March, 2023